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Giving a Gift That Lasts: Teach Your Children Financial Literacy

urally. As with any other family practice, our spending habits serve as a role model for our children. The conflict here generally comes with wanting to demonstrate our love through spending and at the same time teach appreciation, respect and responsibility in financial matters.

The teaching and understanding of financial responsibilities starts at home. How comfortable is your house-

hold in discussing money matters? Many children have little exposure, experience or training with budgets, checkbook reconciliation, debt management and investments. Thus, they grow up not understanding their financial responsibilities

Getting started

What steps can we take to correct that problem?

1. Start by recognizing your own anxieties about money investments. It's okay not to know everything. Purchase reading material, consult an adviser, take a course and combine resources of knowledge with your spouse. This will help your children understand how to get assistance as adults.

2. Give your children responsi-bility for some of the financial tasks. For example, young children (age 5) could count money for small purchases, count and save their allowances, roll coins to form dollar denominations, spend money for a gift, make choices for purchases based on cost and quality or play games involving counting, such as Monopoly Jr.

3. Have children open savings accounts at a young age (6 and older). Some schools are making this available at school through operation with local banks. Take them to the bank with you to make deposits, withdrawals and other transactions. Discuss the banking process and talk about certificates of deposits, loans, etc.

4. Have children (8-10) work with a budget and understand that what comes in, goes out and how much things cost. This will teach several important concepts - relative value, cost of household items, variety of types of expenses, choices and the budgeting process.

5. Have children (10-12) actually pay bills. This could be a "chore" for their allowance and will help them understand how to read bills, write checks and record the balance. Also, invest in a stock and read about it together.

Owning a stock mutual fund may be best to start with, because of the ease of investing small dollars and the literature that accompanies the investment is plentiful.

Children can choose to invest money from allowances, gifts or part-time jobs. Understanding that saving is "rewarding" and can be enjoyed later for a large purchase is a great lesson. Perhaps you may provide an incentive by "matching" part of their savings. Choose a variety of investments over time to teach them about the various types. Also, start to read the business section of the stock pages, graphs and advertise-ments. You may learn a little also.

6. Children ages 12 to 14

should be starting to understand the financial "constraints" of a family, the value of working by earning a living and choices about occupation. It's important to lay the ground work about the financial realities of job choice. Not everything is about money. Free time, enjoying one's endeavors and personal happiness are also impor-

tant. Start discussing the "abstract" qualities of working as well as the financial, Encourage your child to be interested in working and earning a living.

7. Children ages 14 to 16 can start to prepare their own tax re-turns. Even if not required,

have them do a 1040EZ. If they are earning from working, open up their first IRA. This will demonstrate how to lower taxes and save at the same time. Explain your insurance policies and the concept of financial risk if there is a catastrophe. Construct a listing of all assets and debts and explain each

riem and the concept of net worth.

Perhaps they could accompany you as a "reporter" on your next visit with your financial adviser, CPA, insurance agent or attorney. Have them take notes and discuss the meeting afterward. Also, help children at this age develop a few personal goals and then a financial strategy to obtain the goal. Are their goals realistic?

8. Children ages 16 to 18 should already be financial wizards if you've followed steps 1-7. At this point, continued reinforce ment should be given. Let your children feel a little pain as mistakes are made. If they have overspent their budget, they may have to forgo the movies. Teaching them to live on a budget without personal debt is important. The media works against you in this regard and peer pressure is tough. As with other things in life, financial boundaries are important

9. Young adults, especially those in college, should prepare a budget for living at college, home or on their own. Make the income match the expenses and decide, up front, what income will be an allowance, earnings or loan. Teach your child about debt.

10. Adults 21 and over need to have a personal financial plan. Once they have secured their first "real" job, consider buying them an hour or two with your CPA or financial planner. That person can provide an objective view and advice on the payoff of debt, investment options in a 401(k), purchasing a home, insurance needs or need for a will. He or she can then develop a relationship with an adviser for future decisions, Remember, financial planning is an ongoing process throughout a lifetime.

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